

LEGACY PUBLIC SCHOOL

E-BULLETIN



DATE: March 13th, 2020

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NAW RAZ



Naw Ruz ("New Day") is the Baha'i and Iranian new year, which falls on the date of the vernal (spring) equinox and symbolizes the renewal of the world after winter. For most Iranians, Naw Ruz is the first day of Farvardin, the first month of the Iranian solar year. Since ancient times, it has been the great national holiday of Iran, the only holiday celebrated by more than one religious group. During this day people join in making a fresh start, full of joy and hope for the coming year. Families and friends may gather at a celebratory dinner wearing new clothes and offering gifts to the children present. The table is decorated with fruit, coloured eggs, sweets, as well as symbolic objects such as holy book and a mirror.

Naw Ruz is celebrated where ever Iranian culture has spread, particularly among the Zoroastrians of India, as well as amongst some of the peoples of Afghanistan, India, Syria and Turkey.

We extend best wishes to all staff, students, and families celebrating Naw Raz.

SCHOOLS CLOSED UNTIL APRIL 5TH

As announced by the Ontario Government, schools across Ontario will remain closed until April 5th as a precaution of COVID 19.

Schools will re-open for students and families on Monday, April 6th.

Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Everyone reacts differently to stressful situations. Please remember to take care of your mental health.

Things you can do to support yourself:

- Take care of your body. Take deep breaths, stretch or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep and avoid alcohol and drugs.
- Make time to unwind and remind yourself that strong feelings will fade. Take breaks from watching, reading, or listening to news stories. It can be upsetting to hear about the crisis and see images repeatedly. Try to do some other activities you enjoy to return to your normal life.
- Connect with others. Share your concerns and how you are feeling with a friend or family member. Maintain healthy relationships.
- Try to maintain a sense of hope and positive thinking.

We trust our Legacy families will take this time to connect with family and friends and exercise self care.

UPCOMING KEY DATES

Mar 14th-22nd-March Break

Mar 23rd-Apr 5th-Schools Closed

Apr 9th- Passover Begins

Apr 9th-Kindergarten Vision Screening

Apr 9th-Spirit Day-Pastel day

Apr 10th-Good Friday-No School

Please check our Calendar at:

<http://bit.ly/2DdPcaJ>



REPORT AN ABSENCE

BEGINNING MONDAY, APRIL 6th

We are pleased to let you know that we have a new telephone attendance reporting system. This is in addition to online absence reporting through Edsby.

To enhance our safe arrivals system, this new telephone system will reduce the time it takes to verify student attendance. It will also confirm student absences that have not been verified by automatically calling you.

If your child is going to be absent or late, please let us know before bell time (9:00 am) by:

1. Calling 905-472-4764 and select the option "To report a student absence or late."
- or
2. Using EDSBY "Report an Absence" feature.

YEAR BOOK COVER DESIGN CONTEST

It's time to work on yearbook cover designs! Take time over the break to work on a design cover for our 2019-2020 Legacy Yearbook,



EARTH RANGER VIST TO LEGACY

Kindergarten to grade 6 participated in EARTH RANGERS this week.

Students learned how plastic pollution is impacting marine animals, the impacts of food waste on terrestrial habitats, and the importance of reducing our overall consumption. The presentation provided students with tangible ways they can help address these issues—and the big collective impact those actions have! Did you know there are over 2 billion straws per year generated as waste in our environment?

Students met Shelley the turtle, Millie the armadillo, Daisy the skunk and Drako the painted lizard.



WHAT IS GOING ON IN THE SCHOOL?

- | | |
|--------------------------------------|-------------------------|
| Office Helpers | Peer Mediators (Gr 5-6) |
| Class Economy (Gr 8) | Games Club (Gr 1-4) |
| Announcement Teams | Hot Lunch Program |
| Walk To School -Active School Travel | Grades 1-4 Games Club |